



# Uma

UBUD. BALI

## COMO SHAMBHALA REVIVER

Feel the restorative power of nature at Uma Ubud in this special two-night COMO Shambhala package.

Enjoy healthful, wholesome dining at Uma's Kemiri Restaurant and the healing powers of our COMO Shambhala Retreat. Follow one of two COMO Shambhala treatment paths, partake in daily Yoga (including one private lesson), and relax in the sauna or go for a workout in the gym. Spend time in quiet contemplation in a resort that exudes the spirit and peace of this inspiring island.

### Inclusions:

- Daily à la carte breakfast
- One three-course healthy set lunch at Uma's Kemiri restaurant (beverages not included)
- One three-course healthy set dinner at Uma's Kemiri restaurant (beverages not included)
- Choose between the four-hour Shambhala Restoration Path (Indonesian massage, aromatic facial, pedicure and manicure) or the three-hour Shambhala Purification Path (Ayurvedic facial, Abhyanga and Shirodara) per person
- A private one-hour Yoga session
- Private return airport transfers

### Rates 7 January 2010 to 19 December 2010

Terrace Room	\$ 1,135
Garden Room	\$ 1,180
Uma Suite	\$ 1,335
Uma Pool Suite	\$ 1,530
COMO Suite	\$ 1,590

**Terms and Conditions:** Rates are subject to an additional 21% government tax and service charge. Rates are quoted in US Dollars per room per package and based on two people sharing. Extra person: under 12 years old free; over 13 years at USD\$70 per person per night (B&B) subject 21% tax and service charge. Maximum of one extra person per room. Check in time after 2pm and check out time 11am. In order for the hotel to arrange transfers, please provide accurate flight arrival and departure details.

To book now or for more information please contact [res.ubud@uma.como.bz](mailto:res.ubud@uma.como.bz)

[uma.como.bz](http://uma.como.bz)